



Wellness Wednesdays

Free weekly Health Screening for Hypertension, Cholesterol, Diabetes, and more every Wednesday!

8AM - 1PM



Our cholesterol, blood pressure, blood sugar, and liver and kidney functioning are key indicators of our risk for major illness. By knowing these numbers we can take action to reduce our chances of developing heart disease, diabetes and other major illnesses.

Why Should You Attend:

- Participants will gain an understanding of their health numbers and what these numbers mean for better health and well-being.
- Health Navigators will be on-site to assist with health Insurance enrollment options(dates may vary).
Gain access to supportive services and receive free resources for better health & wellness!



For more information call 239-676-3159 or visit us on the web at
www.providencelifecenter.com